



TRF ADJUSTMENT FORM



Tournament Host Association: _____

Event Date: _____

Team Information: Association: _____

Level: "AA" "A" "B" "C" Prov. U12

Head Coach: _____

Age Group: U7 U9 U10 U12 U14 U16 U19 18+ 30+

Name of Player Not Participating	Name of Player Substituting	ORA # of Player Substituting	Team/Age Group/Level of Player Substituting	Game Numbers or ALL Player Substituting In.
Name of Bench Staff Not Participating	Name of Bench Staff Substitute or Addition	ORA # of Bench Staff Substitute/Addition	Qualifications of Substitution or Addition	Game Numbers or ALL Bench Staff Changes

Substitution Rules from ORA Operating Manual, G&T Section.

ORA Registered and from the same association	Substitute in only one tournament per season (Goalies exempt) may only play for one (1) team in same tournament
Can chose either/or: - Same age division or lower, same calibre or less - One calibre higher only, one age division lower	Up to three substitute players per tournament Each substitute must replace a player on the TRF The team roster cannot increase in size due to substitutes
Bench Staff can be from any association with approval of the Regional Coaching Co-ordinator/Designate	Bench Staff Proof of Qualification is required